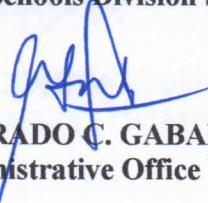




DIVISION MEMORANDUM
No 193 s. 2017

TO : OIC-ASSISTANT SCHOOLS DIVISION SUPERINTENDENT
CHIEFS, CID AND SGOD
EDUCATION PROGRAM SUPERVISORS
DIVISION PERSONNEL
HEADS, PUBLIC AND PRIVATE ELEMENTARY AND SECONDARY
SCHOOLS
ALL TEACHING PERSONNEL
ALL OTHERS CONCERNED

FOR : CATHERINE P. TALAVERA Ph. D.
OIC-Schools Division Superintendent

By : 
CONRADO C. GABARDA
Administrative Office V

SUBJECT: CONTINUOUSLY MONITORING OF SCHOOL CANTEENS AND
ENSURING COMPLIANCE WITH DEPED ORDER NO. 13 S. 2017

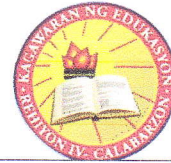
DATE : July 26, 2017

Please find the herein DepEd Regional Memorandum No. 332 s. 2017, with enclosures regarding the continuously monitoring of school canteens and ensuring the compliance to DepEd Order No. 13 s. 2017.

Attached herewith is the Regional Memorandum regarding this matter.

Immediate and wide dissemination of this memorandum is desired.





DEPED-4A-RM-01B-17- 332

MEMORANDUM:

TO : ALL SCHOOLS DIVISION SUPERINTENDENTS
PUBLIC SCHOOL PRINCIPALS

FROM : DIOSDADO M. SAN ANTONIO
Director IV

Subject : TO CONTINUOUSLY MONITOR SCHOOL CANTEENS
TO ENSURE COMPLIANCE WITH DEPED ORDER NO. 8, S. 2007.

DATE : JUL 03 2017

This Office has been receiving several complaints against public schools concerning the violation of DepEd Order No. 8, s. 2007, otherwise known as the "Revised Implementing Guidelines on the Operation and Management of School Canteen in Public Elementary and Secondary Schools" pertinent to the selling of Junk Foods and carbonated drinks.

In this regard, this Office reiterates the following provisions/policies to wit:

"Section 4.4. Only nutrient-rich foods such as root crops, noodles, rice and cord products in native preparation, fruits and vegetables in season, and fortified food products labeled rich in protein, energy, vitamin and minerals shall be sold in the school canteen. Beverages shall include milk, shakes and juices prepared from the fruits and vegetables in season.

Section 4.5. The sale of carbonated drinks, sugar-based synthetic or artificially flavored juices, junk foods and any food products that may be detrimental to the child's health and that do not bear the Sangkap Pinoy seal and/or did not pass BFAD approval is prohibited."

On the other hand, under the "Policy and Guideline on Healthy Food and Beverage choices in School and in DepEd Offices" (enclosure of DepEd Order No. 13, s. 2017) paragraph V (J), to wit:

- i. The GREEN category includes food and drinks that should ALWAYS be available in the canteen. These foods and drinks are the best choices for a healthy school canteen as they contain a wide range of nutrients and are generally low in saturated and trans fat, sugar, and salt. This includes, but not limited to the following foods and drinks:

Table 4. List of Foods and Drinks under the GREEN category

Food	Examples
Drinks	Milk (unsweetened) Sage and clean water (nothing added) Fresh Buko Water (unsweetened)
Energy-giving (Go)	Milled Rice Brown Rice or Iron-fortified Rice Corn Oatmeal Whole wheat bread Cassava (kamoteng kahoy) Boiled Sweet potato (kamote) Boiled Saging na saba Corn, Binatog Boiled peanuts Suman Puto
Body-building (Grow)	Fishes Shellfish Small shrimps Lean meats Chicken without skin Nuts Egg
Body-regulating (Glow)	Fresh fruits, preferably those in season



	Green, leafy, and yellow vegetables
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- ii. The YELLOW category includes foods and drinks that should be served carefully. These foods and drinks contain some nutrients but at the same time also contain large amounts of saturated or trans fats and/or sugar and/or salt. If eaten in large amounts, these foods and drinks may contribute to excess calories. These may be served once or twice a week only (Tuesdays and Thursdays), in smaller serving, and should be less prominent in the canteen menu. Every opportunity shall be taken to make these foods healthier by following the instructions enumerated under Section V.A.1.k.iii. this includes, but is not limited to the following foods and drinks:

Table 5. List of Foods and Drinks under the YELLOW category

Food	Examples
Drinks	100% Fresh fruit juices
Energy-giving (Go)	Fried rice Bread (using white refined flour) Biscuits Banana Cue, Camote Cue, Turon, Maruya Pancakes Waffles Champorado Pancit Arroz caldo Sandwiches (cheese, egg, chicken fillings, etc.) Butter, Margarine, Mayonnaise (use sparingly)
Body-building (Grow)	Processed foods such as meats/fish, hotdogs, sausage, burger patties, chicken nuggets, tocino, tapa, etc. (still subject to evaluation of saturated or transfat and sodium as



	reflected in their Nutrition Facts)
Body-regulating (Glow)	Stir-fried Vegetables

- iii. The RED category includes foods and drinks not recommended in the canteen menu. These foods and drinks contain high amounts of saturated fat or sugar or salt and should not be served in healthy school canteens. They may also provide excess energy or calories. Consumption of these foods and drinks outside the school premises is at the discretion of their parents. This includes, but is not limited to the following foods and drinks:

Table 6. List of Food and Drinks under the RED category

Food	Examples
Drinks	<p>Soft drinks, alcoholic drinks, sports waters, sports drinks, flavoured mineral water, energy drinks, sweetened waters, powdered juice drinks</p> <p>Any product containing caffeine (for school canteens)</p> <p>Any processed fruit/vegetable juice with added sugar of more than 20 grams or 4 teaspoon per serving</p>
Energy-giving (Go)	<p>Any jelly, ice crushes, and slushies</p> <p>Any Ice cream/ Ice drops/ Ice candies</p> <p>Cakes and slices, donuts, sweet biscuits and pastries, and other sweet bakery products</p> <p>All types including chocolates, hard/chewy candies,</p>



	chewing gums, marshmallow, lollipops, yema, etc. Fresh fries, bicho-bicho, etc. Instant noodles All types of heavily salted snacks such as chips or chichiria
Body-building (Grow)	Chicharon Chicken skin Bacon Deep-fried foods including fish balls, kikiams, etc.
Body-regulating (Glow)	Fruits canned in heavy syrup Sweetened fruits or vegetables or deep-fried

Attached hereto is DepEd Order No. 13, s. 2017 and its enclosure for reference.

Everyone is reminded to desist from sending students to carry, get or pick-up food items from the school canteen to the classroom.

Please take note of the following provisions/policies contained under DepEd Order No. 40, s. 2012 paragraph k (2), to wit:

2. Economic exploitation – refers to the use of the child in work or other activities for the benefit of others. Economic exploitation involves a certain gain or profit through the production, distribution and consumption of goods and services. This includes, but is not limited to, illegal child labor, as defined in RA 9231.

In this regard, the Schools Division Superintendents are directed to **CLOSELY MONITOR** their respective areas and to coordinate their actions and findings with this Office.

Failure to observe this directive shall be a ground for administrative action against the responsible official.

STRICT COMPLIANCE IS HEREBY ENJOINED.

